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Mushrooms: A Book of Recipes

By Helen Sudell

Anness Publishing. Other book format. Book Condition: new. BRAND NEW, Mushrooms: A Book of Recipes, Helen Sudell, This is a wonderful collection of 30 recipes featuring the succulent taste of earthy woodland mushrooms. It includes recipes from around the world including Wild Mushroom Risotto, Mushroom Samosas, Shiitake Mushroom Namul, Steak and Mushroom Pudding, and Wild Mushroom and Pine Nut Muffins. It is a concise introduction describes the most popular types of mushroom and the best way to cook them. It features tasty appetizers and snacks, fish and shellfish, meat and poultry, and delicious pasta, rice and vegetable dishes. It offers step-by-step instructions, cooking tips and techniques will ensure complete success. It is clearly illustrated with over 75 photographs. A nutritional breakdown for each recipe is included. Mushrooms are one of the most mysterious of foodstuffs, literally springing up overnight ready to be plucked and cooked within hours. Their popularity remains at an all-time high now that wild mushrooms and a wide variety of cultivated mushrooms are readily available. This irresistible collection of recipes is divided into five chapters, each celebrating the richness of these gorgeous fruits of the field and forest. In the first chapter the recipes range from the...



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Reviews

It is great and fantastic. Better then never, though i am quite late in start reading this one. Your life period will likely be transform once you comprehensive reading this book.

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An extremely wonderful book with lucid and perfect information. It is one of the most awesome publication i have read. Your life period will probably be enhance the instant you total looking at this pdf.

-- **Prof. Dan Windler MD**